

News Release

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JCC OF GREATER WASHINGTON INTRODUCES ACE PROGRAM FOR ACTIVE RETIREES

ROCKVILLE, MD—If it's true that "with age comes wisdom," the Jewish Community Center of Greater Washington's (JCCGW) new *ACE* (*Adult Center for Education*) program is doing its part to give seniors in Montgomery County a unique opportunity to continue their lifelong learning through a variety of classes, lectures and film series.

To fill the void in thought-provoking and meaningful educational options for active retirees (primarily ages 60-75), the JCCGW late last year launched the ACE program to keep the aging population in the county engaged and interacting with one another on a regular basis. The program is funded by a grant from the Montgomery County Department of Aging and Disability Services.

"This type of program keeps active retirees involved and stimulated and provides multiple opportunities for them to either add to their knowledge of a subject or pursue a new field of interest," said Selma Sweetbaum, director of the JCC Adult Services Division. "We've seen a significant response to these wonderful activities and are grateful to Montgomery County and the Department of Aging and Disability Services for making it possible for us to meet the needs of the county's aging population."

The ACE program, whose pilot year theme is "One World," features discussion and analysis that embraces diversity and explores connections among people in Montgomery County, the state of Maryland and around the world. It runs on various weekdays through late Spring and includes a combination of stimulating lectures by experts in music, politics, world cultures, arts and science, enlightening films followed by lively discussion sessions, college-level classroom instruction (provided by a volunteer faculty) on topics relating to the lectures, and lunch and socialization opportunities after the programs.

Highlights of the ACE programs for the winter and spring include:

- * <u>ACE Winter Scholars</u>: A free film series in the Kreeger Auditorium on Fridays through February. Registration required. Call 301-348-3837 or contact nhorowitz@jccgw.org
- * <u>ACE Seminars/college-level instruction (including computer classes</u>): Next semester of classes begins in March. Call 301-348-3864 or contact khutman@jccgw.org)
- * <u>ACE Keynote Speaker Series</u>: Two free lectures on the first lady's writings on human rights and democratic politics by Dr. Allida Black, project director of the *Eleanor Roosevelt Papers* at George Wash. University, Mar. 14 & 21. Call 301-348-3860

Tuition for the college-level courses held on Mondays and Wednesdays beginning the week of March 24 <u>covers all eight weeks of classes</u>. The total cost for individuals is \$60 for all the Monday <u>or</u> Wednesday classes and \$90 for both. Couples pay only \$90 for one of the days and \$120 for both.